

Sheet #2

Shoot like Steph Curry!

The pro shot system is based on the analysis of pro shots.

The dip, turn, and off hand are key components to this.

Torch Splash Challenge: Watch the video!

How many 'catch & shoot' shots can you take each day?

***Must shoot 500 shots in a week to be considered**

***Must shoot 500 shots 3 weeks in a row**

***Winners will be determined by age group (11/12u, 13/14u)**

Players do not need a basket or a perfect hoop. Doing mirror shots, and/or shooting the ball with a concentration on the dip, turn, and off hand will count toward your total shot count.

Video shot #500, #1000, #1500 should be recorded.

Winners must have a dip, turn, and quality off hand.